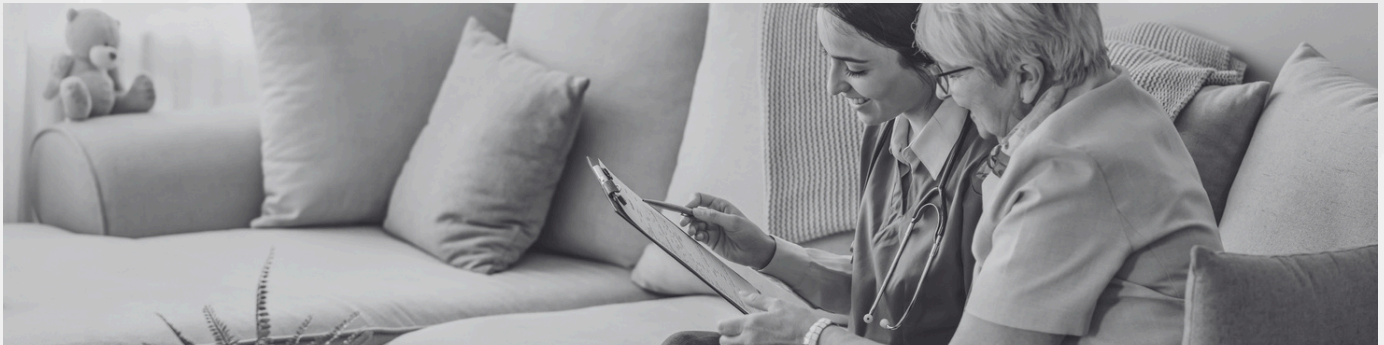


# CURRENT CHALLENGES IN THE HOME CARE SECTOR

The home care sector in the European Union (EU) plays a vital role in the well-being of elderly, disabled and dependent people. However, workers in this sector face numerous challenges that affect both their working conditions and the quality of the service provided.



## ONE OF THE MAIN PROBLEMS IS JOB INSECURITY

Many carers work in unstable conditions, with temporary contracts or even without a contract, which makes it difficult to access basic labour rights such as social security, sick leave or pensions. In addition, low wages and lack of professional recognition make it difficult for this sector to attract and retain qualified staff.

Another major challenge is the workload and the physical and emotional conditions faced by caregivers. Home care often involves long and demanding hours, with tasks that require physical effort and a high level of emotional commitment. In many cases, the lack of adequate support and training aggravates the situation, increasing the risk of burnout and stress.

The lack of uniform regulations across the EU is also an obstacle. Although some countries have developed specific regulations to protect workers in the sector, in many cases the laws are insufficient or inconsistent between Member States. This particularly affects migrant workers, who often face language barriers, lack of information about their rights and risk of labour exploitation.



To improve the situation in the home care sector, it is essential to adopt policies that guarantee decent working conditions, including fair wages, job stability and access to social benefits. It is also necessary to invest in training and support for caregivers, promoting their professionalization and recognition within the European labor market.

In upcoming newsletters, we will explore possible solutions and strategies to strengthen this crucial sector and ensure a fairer and more sustainable future for home care workers in the EU.

